

## Women's Health Program

James J. Peters VA Medical Center



**VA**  
HEALTH  
CARE

Defining  
**EXCELLENCE**  
in the 21st Century



# Wanted: The Stories of Women Veterans

The JJP Women Veterans Program was chosen as one of the VAs for a special project, *My Life My Story*. We want to listen to life stories from Women Veterans and give them voice. Please consider helping us. Stories will be written by a professional, health writer and given to the Veteran.

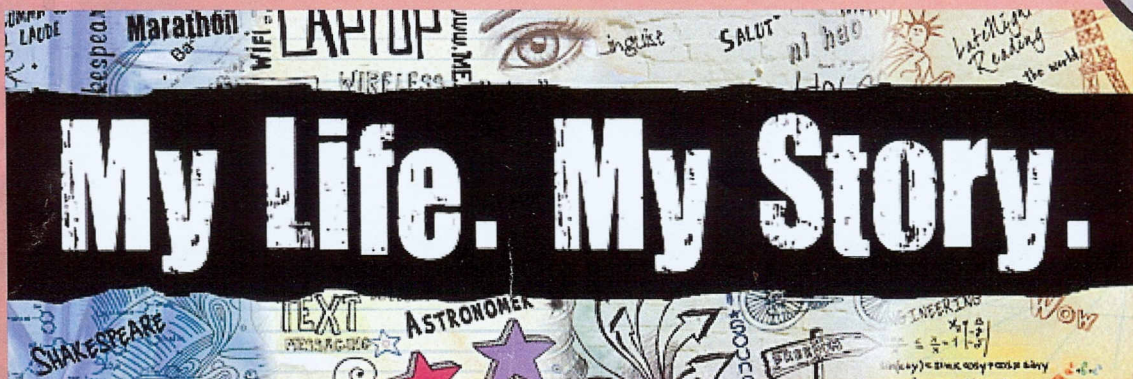
### How does this work?

- A health care professional & writer will meet with you privately with your consent. Meetings are in person on 6C, or by phone in the evening.
- She will talk to you for about 90 minutes. In a few weeks, after writing your story, she'll send it to you for your review. You can change or edit it.
- When complete, the writer will give you a copy of your story. If you like, your story can be posted on your VA Health Record, so your health providers can know more about you. This is optional. You do not have to put your story in your record.
- Hearing the voices of women veterans will help the Women's Health Program leaders improve the program and better meet the needs of women Veterans.

Schedule a time to share your story:

Contact:

- Carmen Berrios RN [carmen.berrios@va.gov](mailto:carmen.berrios@va.gov) or
- Ernestina Aboagye LPN [ernestina.aboagye@va.gov](mailto:ernestina.aboagye@va.gov)
- Genevia Segers [genevia.segers@va.gov](mailto:genevia.segers@va.gov)
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# My Life. My Story.